

# Safeguarding Children, Young People and Vulnerable Adults

## Aim

The **Safeguarding** programme aims to train learners in matters of safeguarding the wellbeing of children, young people and vulnerable adults. STA requires learners attending certain Swimming Teaching and Aquatic Teaching courses to have undertaken this programme (full pre-requisites for all courses can be found at [www.sta.co.uk](http://www.sta.co.uk)).

## Cost

£25.00

## CPD Value

½ Point

## Validity of Award

This programme does not have an expiry date.

## Length of Course

Approximately 2 hours

## Course Information

The **Safeguarding** programme covers:

- Legislation
- Duty of care
- Forms of abuse
- Recognition of abuse
- The long term effects of abuse
- Good practice
- Appropriate procedures
- Sample scenarios (aquatic environment)
- Frequently asked questions
- Further information

## Assessment

The assessment criteria are as follows:

- Complete an end-of-course multiple-choice assessment.

## Revalidation

It is recommended that this programme is revalidated every 3 years to update knowledge and demonstrate understanding.